

## 4 TIPS TO CREATE A SPACE THAT PERFECTLY REFLECTS YOU! .

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### 4 HELPFUL TIPS....

**1** Make a list, check it twice. Let it guide you through this merry madness. From gifts to food shopping keep organized so you don't forget. Speaking of not forgetting - Don't forget to include all your favorite festive activities! Don't overbook yourself but make sure you take the time to have some fun.

**2** When entertaining let your lighting set the mood. Use the warm glow of candles to make a room warm and inviting. Nothing says cozy like a room bathed in soft, flickering light. Or use twinkling Christmas lights, and create a festive atmosphere. So go ahead, create that magical ambiance that Santa himself would envy!

**3** My Top Secret: Delegation. Yes, it is the key to holiday success! Why do it all alone - enlist your elves (aka family and friends) to help. It's fun to get them involved with meal prep, gift wrapping, or even decorating the tree. Remember, teamwork makes the dream work! And it keeps the Grinch away.

**4** Lastly, let's wrap ourselves in warmth and coziness. Snuggle up by the fire with a cup of hot cocoa or wrap yourself in a fluffy blanket while watching your favorite holiday movies. Take the time to relax and sooth your mind. Allow yourself to enjoy the holidays and take time for yourself.



So there you have it! Enjoy every moment of this magical time of year. Spread cheer and make memories that will last a lifetime!

Happy Holidays!